

GORGEOUS GIFTS

Crabtree and Evelyn chose to support our Appeal as part of its Christmas celebrations by hosting an evening in the shop on the 1st November. It was so popular we ran out of tickets.

Everyone who came mingled happily with a glass of wine and nibbles whilst shopping for gifts. Several sampled the complimentary hand massage and many gathered around to watch a creative floral demonstration, whilst



Happy shoppers Linda Hicks with her daughter

others took advantage of the free gift wrapping service. The four floral arrangements were generously donated to the raffle and the Crabtree and Evelyn raffle prizes were snapped up. The evening was a resounding success with everyone leaving laden with prettily wrapped wares and a goody bag worth £5, a gift from Crabtree and Evelyn.

A grand total of £746 was raised comprising £136 from the raffle, the ticket money and the donation from Crabtree and Evelyn of a percentage of the sales.



Decisions, decisions!

DATE FOR YOUR DIARY

Thursday 7 November 2002

Crabtree and Evelyn Guildford High Street - a repeat performance

A WIFE'S TALE

Life was normal, pretty good in fact. My husband had stepped down from the daily grind, being of retirement age, and planned to do some freelance work. But then came the trip to the doctor's. "I'd better go ahead and have that colonoscopy - I've already put it off far too long. Will you give me a lift to the hospital and pick me up when I ring?" Then, the phone call. "The consultant doesn't like what he sees. He wants an immediate scan - can you come?"

So, sitting together at his desk. Yes - it's a tumour: yes - it's cancer; and yes - it does mean an immediate operation. And so began the fall down the black hole. The shock, the silent hug, the tears. The feeling of guilt - was it stress, was it diet, why didn't I nag my husband to go to the doctor earlier? Fear, apprehension and sorrow were all mixed. And anger that it should happen to him. We live a modest life style and he's a loving and honourable chap. Worse was to come. The operation revealed that the cancer had spread from the colon to the liver. However, because the liver can regenerate, surgery could again be the answer. Diagrams were drawn, procedures explained and we now had a new plan of action - another operation and chemotherapy. "We're going for cure!" was the phrase.

Once again the long waits to go down for surgery. The bright smiles and the peck on the cheek as you see your husband wheeled through those forbidding doors into the theatre. Another long wait - an 8 hour operation this time - before you hear that all is well. The shock of the High Dependency Unit - the tubes and wires and monitor screens. Wanting to be there but not wanting to be in



continued overleaf

the way. The journeys 3 and 4 times a day to and from the hospital until the best journey of all when I could take my husband home once again - wonderful. Chauffeur, secretary, nurse, I've become them all. Company while waiting for appointments and a second head to remember what was said; learning routines I'd never even heard of - like flushing the Hickman line or changing chemotherapy bags; and finding and preparing food, not only to tempt a wounded gut back to life but also to appeal to a sore mouth and tongue that, thanks to chemotherapy, will not let things taste the way they should. There have been highs - the first Christmas when tests showed all clear. There have also been bad lows - being torn between misery and frustration when after 5 operations we were told that no longer were we going for cure, it was now "containment".

But it hasn't been all bad, far from it. From the start we have felt free to do what we can when we can. It might be a decision to take off for the day, or even 2 days, in the car. It might be a trip abroad which we have done several times - chemotherapy and all!

Life goes on. Even with cancer, you have a life to live. I would give anything to wish it away but I look at my husband now and I not only give thanks for all the skilled dedicated super people who have cared and helped him but I marvel at what the human frame can stand - he looks so well!

Dark thoughts do strike especially at night but I feel full of hope.

WINE AND DINE

An evening to enjoy with friends whilst raising funds for our Appeal and GUTS, another local charity promoting bowel cancer awareness.

At the dinner, held in the Holiday Inn, Guildford, the guests amidst flowers and balloons tucked into a delightful meal whilst relaxing to the sounds of *Rendezvous*.

The raffle so generously supported with its top prize of a DVD player was very popular and raised £770.

The Holiday Inn, whose manager said "Everyone in the Guildford area is so fortunate to have such a wealth of clinical expertise at the Royal Surrey" donated £500 to be shared by the two charities. Almost £3000 was raised for the Appeal and GUTS.



Just enjoying the evening

WHAT IS: Secondary (Metastatic) Liver Cancer

It is the commonest liver cancer in the UK.

Secondary liver cancer is cancer that has spread from another part of the body and the medical term for it is metastasis. Cells from the primary cancer site escape into the blood stream to reach the liver. The likelihood of a tumour spreading and the rate at which this occurs varies from one type of tumour to another. For example, if colon cancer spreads, it will spread to the liver.

The liver is a predictable place for secondary cancer because it acts as a filter and all the blood in the body passes through it. It also provides a favourable environment for cancer cells to grow. Tumours are classified by the site from which they first arise. For instance, colon cancer that has spread to the liver is known as metastatic colonic cancer and not as primary liver cancer.

COME AND SEE HANNAH'S JEWELLERY

In February, Hannah, in her parents elegant home on St George's Hill, set out several stalls of stunning, some modern and some traditional jewellery. Many of the pieces were made by Hannah. Just two examples, the silver bracelets and bangles were very interesting and unusual designs and there were pretty pastel coloured bead bracelets for children.



Plates of tempting sandwiches and biscuits perched on tables and there was always a cup of coffee waiting to be poured.

In such a happy relaxed atmosphere so much was bought and £260, a percentage of sales, was given to the Appeal, together with donations.

Hannah with her jewels!

PERSONAL MESSAGE

Some of you will know it is my intention to educate by example and encourage a positive view towards surgery and chemotherapy in the treatment of liver cancer. I believe there is now a much greater chance of long term recovery from secondary liver cancer. Since its inception, just over five years ago, when the Appeal first purchased a CUSA, I have performed over one hundred and seventy liver resections and patients with a poor prognosis are reaching the five year survival mark.

Although we lag behind the continent where patients were offered liver surgery in the 1960s, it has now started to become established in this country and, of course, here at the Royal Surrey liver surgery is offered to the local community and beyond.

I am keen to seek out state of the art equipment which will aid me in diagnosis and surgery. The Terason is just such a piece of equipment, it is a handheld ultrasound system, imported from America and looks just like a laptop computer. Ours is the first one to be purchased in the UK and the new features will be adapted by the company to suit our needs. I feel it is a major step forward in ultrasound imaging of liver tumours.

Of course, I am so aware of the enormous effort and energy needed to raise funds for me to continue my work using the very latest technology - **thank you all so much for helping me in this way.**



Nariman Karanjia MS FRCS (Gen)
Appeal Director

REUNION BRIDGE



A game of bridge with an international feel to it. The players, all Shell expatriate wives, who had met in such far flung places as Brunei, Oman, Nigeria, Gabon, Norway and a little closer to home, The Hague. There were helicopter pilots' wives whose husbands had flown the drillers (whose wives also came) to and from the oil rigs. Wives of the production teams and, of course, wives of the construction workers who built the 'village' with its own roads, swimming pool, tennis courts and houses. Some had not seen each other for twenty years.

Of the forty players, one lady came from the Isle of Wight and was met at the ferry by her friend from Southampton.

The Grantley Arms in Wonersh fitted the bill perfectly with a spacious room for the ten tables. In between sessions, a light lunch was served of sandwiches together with much talk, mostly reminiscing about a very different way of life! Amidst the fun of it all, the 1st and 2nd prizes of two Dartington vases and two other prizes of two pot roses were awarded.

Marilyn Pink who organised the bridge lunch said "I am delighted it was so successful and we raised £400 for the Appeal as I know such contributions are vital to maintaining its continued good work. We are all looking forward to the next one and hope to make it an annual event."



Everyone at play

On behalf of all those for whom this equipment will provide a cure or better quality of life for a time, thank you very much for supporting us.

★★★★★

GIFT AID

Please will you help us

Just a reminder

If any UK taxpayer donates to our Appeal, as a registered charity we can reclaim the tax. Assuming the basic rate of income tax, for every £1 donated we can reclaim 28p from the Inland Revenue. For example, for every £100 donated, the *Liver Cancer Surgery Appeal* will receive an extra £28 at no extra cost to the donor.

The Appeal has its own printed form and if you would like one please write to The Old Farm House, Epsom Road, Merrow, Surrey GU4 7AB or ring 01483 546321

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I C F M

The Liver Cancer Surgery Appeal has recently become a member of the Institute of Charity Fundraising Managers, South East, a local group - it meets on a regular basis to discuss ideas and listen to guest speakers on subjects of interest to all fundraisers. Also to help with skills and knowledge, there are regular workshops.

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Your support will go direct to providing equipment for liver cancer surgery. We have a range of development ideas ready and waiting to begin - once funding is available.



Donations to the Appeal were received in lieu of floral tributes at the request of the families of Eileen Avis, Tricia Chedgy and Audrey Broadhurst amounting to £7,150.

It is a gesture very much appreciated, particularly as each one made a huge contribution in her lifetime.

SUN SHOWERS AND SPORTSMANSHIP



l-r Sheila Ford, Jenny Parkin, Carol Cook, Diana Gordon

A tearing wind, fortunately with no malice in it, came gusting in from Guildford and late showers drenched the crowd of keen spectators at the Clandon Ladies' Doubles Tennis final in May.

But it takes more

than the disagreeable weather to put off the ladies when there is a tennis match to be decided. Although it was tricky coping with the swirling wind during some of the lengthy rallies.

Organiser Tessa Spink, who was presented with a bouquet, was the impeccable umpire at this tough encounter, which was punctuated with peels of laughter and good humour.

The winners Carol Cook and Diana Gordon edged out Jenny Parkin and Sheila Ford. Final score 6-2 6-0. Time for the gentle chink of wine glasses.

Kate Eyre, Tricia's partner in 1998 said *"we played three matches to reach the semi-final and Tricia always showed her competitiveness and determination to win. She was absolutely thrilled we got through to the final. Of course, each match had its 'fun' side as well as its serious one."*

l-r Kate Eyre, Tricia Chedgy, Sally Welch, Einja Madge



GOLDEN JUBILEE SUMMER PARTY TORCH RELAY

As part of the celebrations, Cancer Research UK held a special service in St. Paul's Cathedral to bless the Millenium Flame and celebrate the last 50 years of achievement in cancer research. As this charity is keen to work collaboratively with Britain's other 650 cancer charities we were invited to attend.

50 people whose lives have been touched by cancer carried the torch from Great Yarmouth to St. Paul's. On its arrival the Flame was passed to 'Atomic Kitten' who accompanied by Bruno Peek OBE, handed it to the Dean of St Paul's.

It was a service of dedication with hymns, readings and an inspiring address by Nobel Laureate Sir Paul Nurse. He reminded us 90% survive testicular cancer and 25 years ago 5% of children survived leukaemia, it's now 80%. His message is we must work together to improve and treat cancer.

It was a unique occasion for us all to celebrate the lives of those who have survived the disease.

Grenadier Guards accompanied the Flame to the Wellington Barracks where it was kept until the Queen lit the Beacon in the Mall on Monday 3 June 2002.

If you wish to contribute towards a research programme for the Liver Cancer Surgery Appeal, please ring or write to Margaret Taylor.

FREEMASONRY - a charitable organisation

Our name was put forward by John Hughes, a member of the Whitgift Lodge for a donation to the Appeal in 2000. Months passed, funds were raised and on 26 June in the Croydon Masonic Hall there was a cheque presentation to six charities as part of the 'freemasonry in the community week'.

After a glass of wine, we all entered the Masonic Hall for a talk - masons wore their regalia and freemasonry and its ceremonies were explained - stimulating a lively question and answer session. It was a fascinating insight into a worldwide organisation. Photographs were taken and then we all relaxed over supper. A staggering £1725 was given to the Appeal.



l-r John Hughes, Margaret Taylor, Andrew Sales

Our Newsletter, it is hoped, will keep you in touch with the work of the Liver Cancer Surgery Appeal which is a registered charity No 1061703.

Please write to me, the Appeal Organiser at The Old Farm House, Epsom Road, Merrow, Surrey, GU4 7AB if you would like more information or wish to send a donation.

Nariman Karanjia MS FRCS (Gen) Consultant Hepatobiliary and Gastrointestinal Surgeon - **Appeal Director**

Margaret Taylor - **Appeal Organiser**